

October 2026

Meadows 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 National Coffee Day 9:00am: Morning Greetings 10:15am: Chair Aerobics 11:00am: Word Scramble On The Big Board 1:00pm: 1:1 Visit 2:00pm: Craft Time 3:00pm: Bowling 4:00pm: Daily Delight	2 9:00am: Coffee Social 10:30am: Bingo! 1:00pm: 1:1 Visit 2:00pm: Puzzles/Board Games 3:00pm: Table Tennis 4:00pm: Daily Delight	3 9:00am: Coffee Social 1:30pm: Puzzle Time 2:00pm: Word Search 3:00pm: Armchair Travel 4:00pm: Daily Delight
4 9:00am: Coffee Social 10:00am: Church Service 1:00pm: Word Search/Crossword Puzzles 2:00pm: Movie Matinee 3:30pm: Singing Hymns With Carolyn Kinnunen M1 4:00pm: Daily Delight	5 9:00am: Morning Greetings 10:15am: Noodle Ball Exercise 11:00am: Bingo! 1:30pm: Scenic Ride 2:30pm: Movie Matinee 4:00pm: Daily Delight	6 9:00am: Coffee Social 10:15am: Chair Exercise 11:00am: Armchair Travel 1:00pm: 1:1 Visit 2:00pm: Dance Therapy W/Mary Armstrong 3:00pm: Refreshments & Chat 4:00pm: Daily Delight	7 9:00am: Coffee & Conversation 10:15am: Noodle Ball 11:00am: Bingo! 1:00pm: 1:1 Visit 2:00pm: Mini Golf 3:00pm: Crossword Challenge 4:00pm: Daily Delight	8 9:00am: Morning Greetings 10:15am: Chair Aerobics 10:15am: Coffee & Carpentry 11:00am: Word Scramble On The Big Board 1:00pm: 1:1 Visit 2:00pm: Bowling 3:00pm: Craft Time 4:00pm: Daily Delight	9 9:00am: Coffee Social 10:00am: Cardio Crew 11:00am: Bingo! 1:00pm: 1:1 Visit 2:00pm: Movie Matinee On The Big Screen 3:00pm: puzzles & Board Games 4:00pm: Daily Delight	10 9:00am: Coffee Social 10:15am: Bingo 1:30pm: Puzzle Time 2:00pm: Word Search 3:00pm: Armchair Travel 4:00pm: Daily Delight 4:15pm: Live Music W/Diane Ammons On The Piano
11 9:00am: Coffee Social 10:00am: Church Service 1:00pm: Word Search/Crossword Puzzles 2:00pm: Movie Matinee 4:00pm: Daily Delight	12 9:00am: Morning Greetings 10:15am: Noodle Ball Exercise 11:00am: Bingo! 1:30pm: Scenic Ride 2:30pm: Movie Matinee 4:00pm: Daily Delight	13 9:00am: Coffee Social 10:15am: Chair Exercise 11:00am: Armchair Travel 1:00pm: 1:1 Visit 2:00pm: Guess The Actor 3:00pm: Refreshments & Chat 4:00pm: Daily Delight	14 National Dessert Day 9:00am: Coffee & Conversation 10:00am: Butterfly Place & Bagged Lunch 1:00pm: 1:1 Visit 2:00pm: Mini Golf 3:00pm: Crossword Challenge 4:00pm: Daily Delight	15 9:00am: Morning Greetings 10:15am: Chair Aerobics 10:15am: Listen & Lunch In MR 1:00pm: 1:1 Visit 2:00pm: Scarecrow Makings 3:00pm: Bowling 4:00pm: Daily Delight	16 9:00am: Coffee Social 10:00am: Cardio Crew 11:00am: Bingo! 1:00pm: 1:1 Visit 2:00pm: Movie Matinee on the Big Screen 3:00pm: Puzzles & Board Games 4:00pm: Daily Delight	17 9:00am: Coffee Social 10:15am: Bingo 1:30pm: Puzzle Time 2:00pm: Word Search 3:00pm: Armchair Travel 4:00pm: Daily Delight
18 9:00am: Coffee Social 10:00am: Church Service 1:00pm: Word Search/Crossword Puzzles 2:00pm: Movie Matinee 4:00pm: Daily Delight	19 9:00am: Morning Greetings 10:15am: Noodle Ball Exercise 11:00am: Bingo! 1:30pm: Scenic Ride 2:30pm: Movie Matinee 4:00pm: Daily Delight	20 9:00am: Coffee Social 10:00am: Flu Clinic All Floors 11:00am: Armchair Travel 1:00pm: 1:1 Visit 1:30pm: Purse Game 2:00pm: Wheel of Fortune 3:00pm: Refreshments & Chat 4:00pm: Daily Delight	21 9:00am: Coffee & Conversation 10:00am: Alysons Orchard & Bagged Lunch 1:00pm: 1:1 Visit 2:00pm: Mini Golf 3:00pm: Tabletop Bowling 4:00pm: Daily Delight 4:15pm: Trick Or Treat!	22 9:00am: Morning Greetings 10:15am: Coffee & Carpentry 10:30am: Bingo 1:00pm: 1:1 Visit 2:00pm: Visit Charlie! 3:00pm: Bowling 4:00pm: Daily Delight	23 9:00am: Coffee Social 10:00am: Scenic Ride 1:00pm: 1:1 Visit 2:00pm: Halloween Matinee on the Big Screen 2:00pm: Puzzles/Board Games 4:00pm: Daily Delight	24 9:00am: Coffee Social 10:15am: Bingo 1:30pm: Puzzle Time 2:00pm: Word Search 3:00pm: Armchair Travel 4:00pm: Daily Delight
25 9:00am: Coffee Social 10:00am: Church Service 1:00pm: Word Search/Crossword Puzzles 2:00pm: Movie Matinee 4:00pm: Daily Delight	26 Pumpkin Day 9:00am: Morning Greetings 10:15am: Noodle Ball Exercise 11:00am: Bingo! 1:30pm: Scenic Ride 2:30pm: Movie Matinee 4:00pm: Daily Delight	27 National Black Cat Day 9:00am: Coffee Social 10:15am: Bingo 1:00pm: 1:1 Visit 2:00pm: Guess The Actor 3:00pm: Refreshments & Chat 4:00pm: Daily Delight	28 National Chocolate Day 9:00am: Coffee & Conversation 10:00am: Bingo! (All Floors) 10:00am: Chair Aerobics 11:00am: Word Scramble On The Big Board 1:00pm: 1:1 Visit 2:00pm: Mini Golf 3:00pm: Tabletop Bowling 4:00pm: Daily Delight	29 9:00am: Coffee Social 10:15am: Bingo 10:15am: Coffee & Carpentry 1:00pm: 1:1 Visit 2:00pm: Craft Time 3:00pm: Bowling 4:00pm: Daily Delight	30 9:00am: Coffee Social 11:30am: Costume Parade! 1:00pm: 1:1 Visit 2:00pm: Puzzles/Board Games 4:00pm: Daily Delight	31 Happy Halloween! 9:00am: Coffee Social 10:15am: Bingo 1:30pm: Puzzle Time 2:00pm: Word Search 3:00pm: Armchair Travel 4:00pm: Daily Delight